

# Samantha Airhart-Larraga, Ph.D., LPC-S, LCDC, NCC

[s.airhart-larraga@tamuct.edu](mailto:s.airhart-larraga@tamuct.edu)

## EDUCATION

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Certificate in Inclusive Instruction for Equitable Learning Association of College and University Educators	April 2022
Doctor of Philosophy in Counselor Education and Supervision The University of Texas at San Antonio, San Antonio, Texas	August 2015 to May 2018
Master of Arts in Counseling St. Edward's University, Austin, Texas	September 2000 to December 2002
Bachelor of Arts in Psychology The University of Texas at Brownsville, Brownsville, Texas	September 1993 to December 1997

## LICENSURE AND CERTIFICATION

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Licensed Professional Counselor (Texas) Texas State Board of Professional Counselors, Board Approved Supervisor, License # 19320	February 2005 to July 2023
Licensed Chemical Dependency Counselor (Texas) Texas Department of State Health Services, License # 8876	April 2000 to April 2024
National Certified Counselor National Board for Certified Counselors, Certificate # 205608	October 2005 to July 2026

## AWARDS AND HONORS

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Minority Fellowship Program Doctoral Fellow (\$20,000) National Board of Certified Counselors Foundation	May 2017 to May 2018
Relapse Prevention Specialist Fellow (\$2,500) The Center for Healthcare Services	January 2016 to August 2016

## RESEARCH EXPERIENCE

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### *Refereed Publications*

- Lloyd-Hazlett, J., Knight, C., Horton, E., & Airhart-Larraga, S. (2022). Impact of service-learning on student counselors' self-reported measures of program evaluation, counselor advocacy, and interprofessional education. *Teaching and Supervision in Counseling 4(1)*.
- Airhart-Larraga, S., Lloyd-Hazlett, J., & Purgason, L. (2021). Resilience narratives of Hispanic counselors in the Texas Rio Grande Valley. *Journal of Professional Counseling: Practice, Theory, & Research 48(1)*, 15-30. DOI: <https://doi.org/10.1080/15566382.2020.1871260>
- Lloyd-Hazlett, J., Airhart-Larraga, S., & Purgason, L. (2020). Critical knowledge, points of confusion, and training recommendations for client referrals. *Teaching and Supervision in Counseling 2(1)*, 60-72. DOI: <https://doi.org/10.7290/tsc020106>
- Airhart-Larraga, S. (in press). 'Immigration', in Dermer, S. B. & Abdullah, J. R. (eds.) *The SAGE Encyclopedia of Multicultural Counseling Social Justice, and Advocacy 4 volume(s)*.
- Airhart-Larraga, S. (in press). 'Immigrant women', in Dermer, S. B. & Abdullah, J. R. (eds.) *The SAGE Encyclopedia of Multicultural Counseling Social Justice, and Advocacy 4 volume(s)*.
- Airhart-Larraga, S. (in press). 'Myths about immigration', in Dermer, S. B. & Abdullah, J. R. (eds.) *The SAGE Encyclopedia of Multicultural Counseling Social Justice, and Advocacy 4 volume(s)*.
- Airhart-Larraga, S. (in press). 'Chapter Twenty-Seven - Imposter Phenomenon,' in Stalnaker-Shofner, D. (ed.) *Teaching and Administration in Counselor Education: A Practical Guide for Training Graduate Students and New Educators*.

### ***Publications Under Review***

- Airhart-Larraga, S.,** Stalnaker-Shofner, D., & Moser, D. (manuscript under review). "Society is not okay with my body:" Experiences of sizeism among BIPOC females.
- Allen, S., Friedrich, W., & **Airhart-Larraga, S.** (manuscript under review). First generation graduate students: Lived experiences of counselors during their graduate counseling program.
- Allen, S., Hunter, Q., & **Airhart-Larraga, S.** (manuscript under review). Content analysis: Novice counselor peer community.
- Purgason, L., Johnson, G., Vallecillo, O., Honer, R., Covington, C., & **Airhart-Larraga, S.** (manuscript under review). Interprofessional collaboration with school counselors: Perspectives of English as a second language teachers.

### ***Works in Progress***

- Airhart-Larraga, S.,** Holloway, F., & Lovejoy, K. (manuscript development). Motherhood and the academy: A mixed-methods analysis of an online support community.
- Allen, S., **Airhart-Larraga, S.,** & Slack, A. (data collection). Forensic population mental health: Self-efficacy, experiences, and graduate preparation among mental health professionals.

### ***Refereed Presentations***

- Airhart-Larraga, S.** & Stalnaker-Shofner, D. (2022, September 15-16). "*Te has puesto gorda!*": *Accounts of sizeism among Latinx females and implications for mental health professionals.* [Conference presentation]. 2022 National Latino Behavioral Health Conference.
- Airhart-Larraga, S.,** Kratky, S., Sapp, K., & Conner, C. (2022, June 1-5). *Bridging the gap: Culture, authenticity, & professionalism.* [Conference presentation]. 2022 NBCC Foundation Bridging the Gap Symposium.
- Airhart-Larraga, S.** (2022, June 1-5). *Factors that Contribute to Career Longevity and Wellness of Latino Professional Counselors: What Can We Do to Stay Well, Effective, and Engaged in Counseling and Advocacy?* [Conference presentation]. 2022 NBCC Foundation Bridging the Gap Symposium.
- Robertson, D., & **Airhart-Larraga, S.** (2021, November 3-5). *The TCA Ethics Committee Presents: Becoming Aware of Our Blind Spots in the Ethical Decision-Making Process* [Conference presentation]. 2021 Texas Counseling Association Professional Growth Conference, Galveston, Texas.
- Airhart-Larraga, S.** (2020, June 16-19). "*No Estoy Loco!*": *Navigating Mental Health Stigma and Negative Perceptions when Working with the Latino Population* [Conference presentation]. 2020 NBCC Foundation Bridging the Gap Symposium.
- Saluto, A., Lopez, H., & **Airhart-Larraga, S.** (2020, April 6-9). *BDSM: Perceptions and Influences for Counseling* [Conference presentation]. TCSPP CMHC 3<sup>rd</sup> Annual Virtual Conference.
- Saluto, A., Lopez, H., & **Airhart-Larraga, S.** (2020, January 25). *Abuse within the BDSM Community: Increasing Cultural Awareness and Minimizing Misconceptions* [Conference presentation]. Texas LPC Intern Association Summit, Austin, Texas.
- Airhart-Larraga, S.** (2019, February 28 – March 1). *Supervision of Hispanic counselors: Helping build a resilient workforce through culturally relevant supervision* [Conference presentation]. Texas Association for Counselor Education and Supervision 2019 Mid-Winter Conference, Dallas, Texas.
- Airhart-Larraga, S.** (2018, March 1-2). *The narratives of professional counselors in the Rio Grande Valley: Stories of resilience in a mental health professional shortage area* [Conference presentation]. Texas Association for Counselor Education and Supervision 2018 Mid-Winter Conference, Austin, Texas.
- Airhart-Larraga, S.** (2017, October 4-8). *Using cognitive behavioral techniques in supervision for the prevention of counselor burnout* [Conference presentation]. Association for Counselor Education and Supervision 2017 Conference, Chicago, Illinois.
- Lloyd-Hazlett, J. & **Airhart-Larraga, S.** (2017, March 2-3). *Preparing student counselors for client referrals: Current training practices and lived experiences* [Conference presentation]. Texas Association for Counselor Education and Supervision 2017

Mid-Winter Conference, Austin, Texas.

**Airhart-Larraga, S.** (2016, October 6-8). *Self-care strategies to increase compassion satisfaction* [Poster presentation]. Southern Association for Counselor Education and Supervision 2016 Conference, New Orleans, Louisiana.

**Airhart-Larraga, S.** (2016, October 6-8). *Using cognitive behavioral techniques in supervision for the prevention of counselor burnout* [Conference presentation]. Southern Association for Counselor Education and Supervision 2016 Conference, New Orleans, Louisiana.

**Airhart-Larraga, S.** (2016, January 28-29). *Using cognitive behavioral techniques in supervision for the prevention of counselor burnout* [Conference presentation]. Texas Association for Counselor Education and Supervision 2016 Mid-Winter Conference, Austin, Texas.

### ***Invited Presentations***

**Airhart-Larraga, S.** (2021, April). *Jobs in academia: Finding, applying, and interviewing*. 2021 NBCC Foundation Professional Development Series.

**Airhart-Larraga, S.** (2020, September 17). *Leadership Panel*. 2020 Leadership Training for the NBCC Foundation Minority Fellows in Addictions (Virtual).

**Airhart-Larraga, S.** (2019, May 22-24). *Legacies and lifetimes: A counselor-focused exploration of civil-rights era Atlanta panel discussion* [Conference presentation]. 2019 NBCC Foundation Bridging the Gap Symposium, Atlanta, Georgia.

### ***Accepted Presentations – Not Presented***

**Airhart-Larraga, S.** (2021, September) *Promoting Resilience: Dialogue on Thriving Long-Term as Counselors, Supervisors, Educators, and Advocates*. [Conference Proposal]. Accepted for presentation at the 2021 European Branch – American Counseling Association Conference. Did not present.

**Airhart-Larraga, S.** (2019, October). *Supervision of Hispanic counselors: Helping build a resilient workforce through culturally relevant supervision* [Conference Proposal]. Accepted for presentation at the Association for Counselor Education and Supervision Conference in Seattle, Washington. Did not present.

## **TEACHING EXPERIENCE**

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Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling August 2022 to December 2022  
COUN 5358 – Counseling Perspective on Psychopathology  
COUN 5353 – Theories of Counseling  
COUN 5365 – Ethical Foundations of Counseling (Online)

Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling June 2022 to July 2022  
COUN 5358 – Counseling Perspective on Psychopathology  
COUN 5357 – Methods and Practice  
COUN 5313 – Crisis Intervention and Management (Online)

Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling January 2022 to May 2022  
COUN 5358 – Counseling Perspective on Psychopathology  
COUN 5357 – Methods and Practice  
COUN 5365 – Ethical Foundations of Counseling (Online)  
COUN 5354 – Group Procedures for Counselors

Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling August 2021 to December 2021  
COUN 5358 – Counseling Perspective on Psychopathology  
COUN 5357 – Methods and Practice  
COUN 5365 – Ethical Foundations of Counseling (Online)

Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5358 – Counseling Perspective on Psychopathology (Online) COUN 5357 – Methods and Practice (Online) COUN 5313 – Crisis Intervention and Management (Online)	June 2021 to July 2021
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5363 – Addictions Counseling (Online) COUN 5357 – Methods and Practice (Online) COUN 5365 – Ethical Foundations of Counseling (Online)	January 2021 to May 2021
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5350 – Foundations of Counseling (Online) COUN 5357 – Methods and Practice (Online) COUN 5365 – Ethical Foundations of Counseling (Online)	August 2020 to December 2020
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5353 – Personality and Counseling Theory Application (Online) COUN 5358 – Counseling Perspective on Psychopathology (Online) COUN 5363 – Substance Abuse Counseling (Online)	June 2020 to July 2020
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5365 – Ethical Foundations of Counseling COUN 5353 – Personality and Counseling Theory Application COUN 5363 – Substance Abuse Counseling (Online)	January 2020 to May 2020
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5365 – Ethical Foundations of Counseling COUN 5353 – Personality and Counseling Theory Application COUN 5393 – Mental Health Practicum	August 2019 to December 2019
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5313 – Crisis Intervention and Management (Online) COUN 5353 – Personality and Counseling Theory Application COUN 5393 – Mental Health Practicum	June 2019 to August 2019
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5351 – Career Counseling and Guidance (Online) COUN 5353 – Personality and Counseling Theory Application COUN 5365 – Ethical Foundation of Counseling	January 2019 to May 2019
Assistant Professor, Texas A&M University – Central Texas, Department of Psychology & Counseling COUN 5351 – Career Counseling and Guidance COUN 5365 – Ethical Foundation of Counseling (Online)	August 2018 to December 2018
Adjunct Instructor, The University of Texas at San Antonio, Department of Counseling COU 5253 – Child and Adolescent Counseling	May 2018 to August 2018
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 5683 – Practicum in Counseling	January 2018 to May 2018
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 5683 – Practicum in Counseling	August 2017 to December 2017

Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 5213 – Counseling Theories (hybrid)	May 2017 to August 2017
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 6523 – Couples and Family Counseling	January 2017 to May 2017
Teaching Intern, The University of Texas at San Antonio, Department of Counseling COU 6883 – Trauma, Crisis, and Grief Counseling	May 2016 to August 2016
Adjunct Instructor, The University of Texas at Brownsville (now UTRGV), Department of Counseling and Guidance COUN 6313 – Personal Growth	January 2015 to May 2015
Adjunct Instructor, The University of Texas at Brownsville (now UTRGV), Department of Counseling and Guidance COUN 6340 – Diagnosis and Treatment Planning in Counseling	August 2014 to December 2014

## **CLINICAL EXPERIENCE**

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Psychotherapist, iKARE Mood Trauma Recovery Clinic San Antonio, Texas Provide counseling services to clients diagnosed with a psychiatric disorder.	August 2017 to August 2018
Licensed Professional of the Healing Arts, Tropical Texas Behavioral Health Brownsville, Texas Conducted diagnostic evaluations for clients seeking services with TTBH, conducted cognitive therapy with clients diagnosed with major depression and anxiety, and reviewed uniform assessments for medical necessity for services with TTBH.	April 2005 to December 2013
Substance Abuse Education Specialist, Tropical Texas Behavioral Health Edinburg, Texas Provided substance abuse counseling and psychoeducation services to adolescent clients with psychiatric disorders.	December 2002 to March 2005
Counselor, Travis County Criminal Courts – Drug Court (SHORT Program) Austin, Texas Provided substance abuse counseling to clients referred to the SHORT program by the Travis County Criminal Courts. Developed appropriate treatment plans, made treatment recommendations to the judge, and conducted weekly case staffings.	April 2000 to November 2002
Counselor, The Recovery Center of Cameron County Brownsville, Texas Facilitated substance abuse groups and provided individual substance abuse counseling and interviewed clients to make an appropriate DSM-IV substance abuse / use / dependence diagnoses and treatment recommendations. Developed treatment plans, discharge plans, and made appropriate referrals into the community.	February 1998 to March 2000

## **SUPERVISORY EXPERIENCE**

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LPC Supervisor, Airhart Supervision Consultation and Counseling (Private Practice) Belton, Texas Clinical supervision of LPC-associates working in varied settings including domestic violence shelters, inpatient treatment facilities, psychiatric clinics, substance abuse treatment centers, career and rehabilitation centers, and geriatric population.	December 2007 to Present
Clinical Supervisor, La Paz Community Mental Health Center San Antonio, Texas Clinical supervision of counseling student interns and LPC-interns as they provide group and individual counseling in a partial hospitalization setting with clients with chronic and severe mental health issues.	May 2016 to June 2017
Clinical Supervisor, College of Education, Counseling & Guidance Program The University of Texas at Brownsville Clinical supervision of practicum and internship students seeking a master's degree in counseling at the University of Texas at Brownsville.	January 2012 to February 2015
Clinical Supervisor, Tropical Texas Behavioral Health Brownsville, Texas Clinical supervision of case managers and counselors providing direct services to youth and families with psychiatric disorders.	July 2007 to December 2013

## **ADMINISTRATIVE EXPERIENCE**

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Program Coordinator, Clinical Mental Health Counseling, Department of Counseling & Psychology, Texas A&M University – Central Texas August 2022 to Present

Assistant Dean of Counseling and Medical Services, Student Affairs Division December 2013 to August 2015  
The University of Texas at Brownsville

Direct the development, maintenance, and administration of the Student Health Services at UTB. Monitor & evaluate department goals to achieve them on an annual basis. Oversight of the management of disability services, the College Assistance Migrant Program (CAMP), Student Support Services / A.S.P.I.R.E. Program, and University Recreation. Principal investigator for three federal grants: (1) HIV & Substance Abuse Prevention Grant, (2) Campus Suicide Prevention Grant, and (3) the Office of Violence Against Women Campus Planning Grant. Additional areas include development, writing, and submission of grant proposals and implementation of new programs to increase services for students of UTB such as the Collegiate Recovery Program.

Youth and Family Services Supervisor, Tropical Texas Behavioral Health July 2007 to December 2013  
Brownsville, Texas

Managed the development, maintenance, and administration of the youth and family services department consisting of 40 case managers and three therapists at the Brownsville Outpatient location that served an average of 500 clients per year. Taught a 28-hour course to therapists on cognitive therapy.

## **GRANT WRITING EXPERIENCE**

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Substance Abuse and Mental Health Services Administration December 2019  
Expanding Practitioner Education Grant; PI and co-author for the grant  
Grant Written for Texas A&M University – Central Texas  
Grant Not Funded

Texas Association for Counselor Education and Supervision March 2019  
Research Grant: Examining the Factors that Contribute to Career Longevity of Hispanic Professional  
Counselors in South Texas  
Funded March 2019: \$500

U.S. Department of Education February 2015  
Student Support Services Grant Application, Grant written for The University of Texas at Brownsville  
Funded July 2015; 5 Years, \$1,450,000

The Alice Kleberg Reynolds Foundation August 2014  
Diabetes Prevention Program for LGBT Community, Grant written for The University of Texas at Brownsville  
Grant Not Funded

Transforming Youth Recovery May 2014  
Collegiate Recovery Grant; Grant written for The University of Texas at Brownsville  
Funded; 1 year, \$10,000

Substance Abuse and Mental Health Services Administration December 2013 to August 2015  
HIV / Substance Abuse Prevention Grant; PI for The University of Texas at Brownsville  
Funded; 3 Years, \$900,000

Substance Abuse and Mental Health Services Administration December 2013 to August 2015  
Campus Suicide Prevention Grant; PI for The University of Texas at Brownsville  
Funded; 4 Years, \$300,000

Office of Violence Against Women, U.S. Department of Justice December 2013 to August 2015  
Campus Planning Grant; PI for The University of Texas at Brownsville  
Funded; 2 Years, \$35,000

## **PROFESSIONAL SERVICE EXPERIENCE**

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### ***Service to the Profession***

Board Member, Center for Credentialing & Education September 2022 to August 2025

Oversight and guidance of the Center for Credentialing & Education division of the National Board for Certified Counselors and Affiliates.

Proposal Reviewer, NBCC Symposium	January 2022
Proposal Reviewer, TACES MidWinter Conference	January 2022
Chair, Advisory Council, Minority Fellowship Program – Addictions Counselors Select and support MFP fellows; advise on policy for administration of the program; support program planning, monitoring, and evaluation. Select and support new advisory council members.	October 2021 to October 2022
Reviewer, <i>Journal of Counselor Preparation and Supervision</i>	September 2021 to Present
Co-Chair, Texas Counseling Association Ethics Committee	July 2021 to June 2022
Proposal Reviewer, ACES Conference	April 2021
Proposal Reviewer, NBCC Symposium	January 2021
Advisory Council Member, Minority Fellowship Program - Addictions Counselors Reappointed to a second term, NBCC Foundation Select and support MFP fellows; advise on policy for administration of the program; support program planning, monitoring, and evaluation.	October 2020 to October 2021
Item Writer & Reviewer, TeleMental Health Examination (TMHE) Center for Credentialing & Education, Inc.	August 2020
Appointed Member, Texas Counseling Association Ethics Committee	July 1, 2020 to June 30, 2021
Item Writer & Reviewer, National Counselor Examination (NCE) National Board for Certified Counselors, Inc.	June 2020
Proposal Reviewer, TCA Professional Growth Conference	May 2020
Appointed Member, Texas Counseling Association Ethics Committee	July 1, 2019 to June 30, 2020
Treasurer, Mid-Texas Counseling Association	July 1, 2019 to June 30, 2022
Proposal Reviewer, NBCC Symposium	December 2019
Proposal Reviewer, TACES Conference	November 2019
Proposal Reviewer, LPC-Intern Association of Texas Conference	October 2019
Proposal Reviewer, TCA Professional Growth Conference	July 2019
Proposal Reviewer, ACES Conference	March 2019
Advisory Council Member, Minority Fellowship Program - Addictions Counselors NBCC Foundation Select and support MFP fellows; advise on policy for administration of the program; support program planning, monitoring, and evaluation.	October 2018 to October 2020
Volunteer Review Team Member, NBCC Foundation NBCC Foundation's 2018 Scholarship / Fellowships Review	December 2017
NBCC Foundation Ambassador ACES Conference	October 2017
Volunteer Review Team Member, NBCC Foundation NBCC Foundation's 2014 Scholarship / Fellowships Review	November 2014

### ***Service to the University***

College of Education and Human Development Representative, Faculty Senate	April 2022 to Present
College of Education and Human Development KPI Task Force	November 2021 to Present
Faculty Scholarship and Research Committee	April 2021
Comprehensive Examination Committee for Master of Science in Liberal Studies Program	April 2021
Faculty Hiring Committee, Marriage and Family Therapy Program Texas A&M University – Central Texas, Department of Counseling and Psychology	February 2021 to May 2021
College of Education Dean Search Committee Texas A&M University – Central Texas	March 2020
Field Experience Coordinator, Clinical Mental Health Counseling Program Texas A&M University – Central Texas, Department of Counseling and Psychology	September 2019 to Present
Coordination of Stakeholder Advisory Council Texas A&M University – Central Texas, Department of Counseling and Psychology	August 2019
Performance Fitness Evaluation Committee Member (LSSP Program)	June 2019
Faculty Hiring Committee, Hiring Committee for Executive Assistant to the Dean Texas A&M University – Central Texas, College of Education	May 2019
Warrior Preview Day, Texas A&M University – Central Texas; Recruiting Event	March 2019
Warrior Preview Day, Texas A&M University – Central Texas; Recruiting Event	October 2018

### **PROFESSIONAL AFFILIATIONS**

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American Counseling Association	2016 to Present
-Association for Counselor Education and Supervision	2016 to Present
-Southern Association for Counselor Education and Supervision	2016 to Present
Texas Counseling Association	2014 to Present
-Texas Association for Counselor Education and Supervision	2015 to Present
Mid-Texas Counseling Association	2019 to Present
NAADAC The Association for Addiction Professionals	2020 to Present